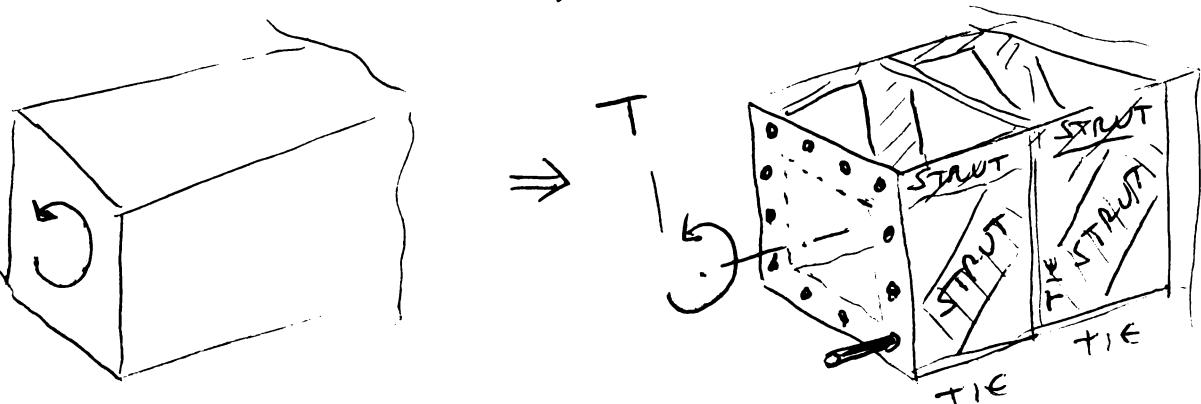


## LECTURE 8

Page 1

## TORSION IN R.C. ELEMENTS

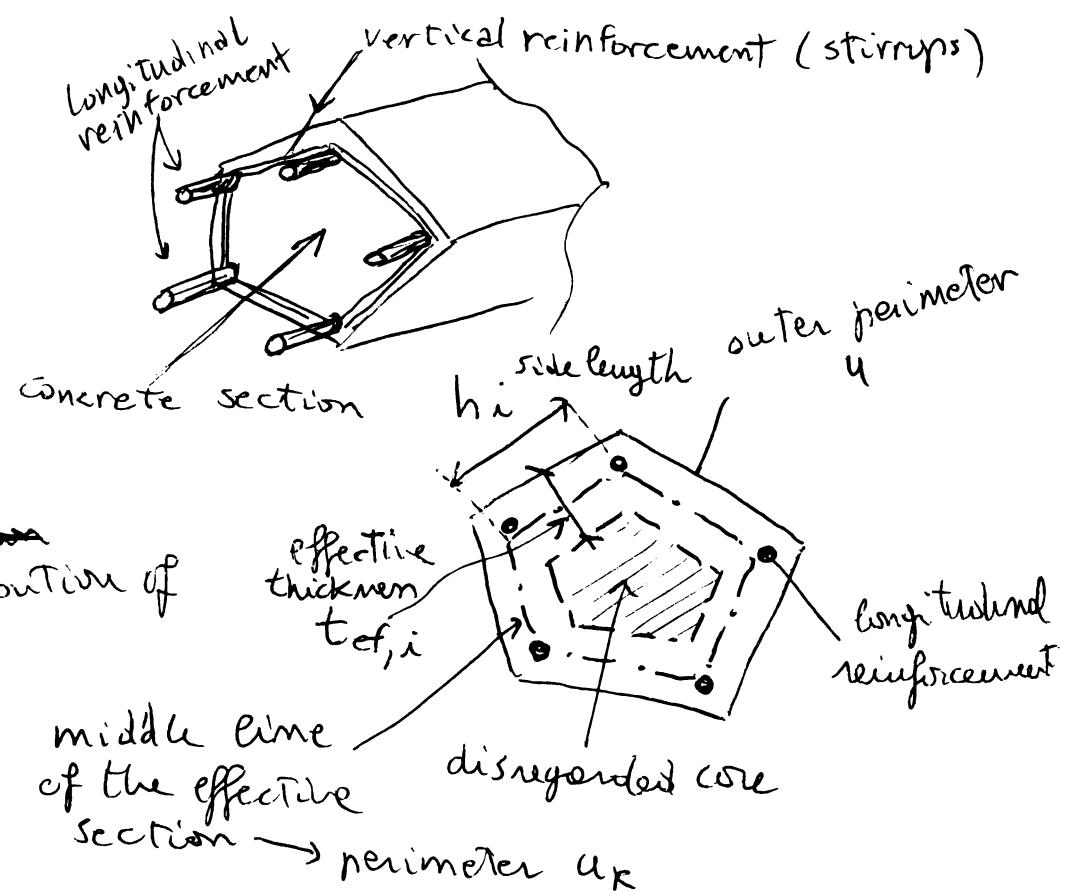
- A full torsional design is required only when the static equilibrium of a structure depends on the torsional resistance (primary torsion).
  - Where torsion arises, in statically indeterminate structures, only due to compatibility ("congruence") and not stability, usually there is no need to check (secondary torsion). However, a minimum reinforcement should be always provided, in order to avoid extensive cracking.
  - Typical situations where torsion could occur are, for example, cantilever or stairs connected to perimeter beams.
  - In the following, only solid sections will be considered.
  - The basic idea behind the design procedure against torsion is that the flow of tangential stresses involves only the outer parts of the section, and so the role of the inner core can be neglected. However, from a global point of view, the resisting mechanism can be described by means of an analogous truss model, similar to the one developed for shear, where a system of struts (provided by portions of concrete in compression) and ties (provided by vertical and longitudinal steel reinforcements) resist the internal force.
- In the case of torsion, the truss is tridimensional, not plane like in the case of shear.



## LECTURE 8, page 2

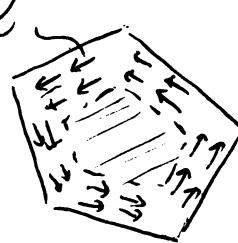
- GENERAL CROSS SECTION SUBJECTED TO TORSION

As said before, the solid cross section is modelled by an equivalent hollow section, which ~~does~~ disregards the contribution of the internal core



The cross-section is then modelled by means of an effective (outer) hollow section, which ideally is effected by the tangential stresses that, once integrated, equates the torsional moment.

That effective and ideal hollow section can be thought as an assembly of wells, which can be studied separately



$$\int \tau dA = (T)_{\text{torque}} \quad (T)_{\text{torsional moment}}$$

$A$  = whole area of the cross section comprised by the outer perimeter  $u$

$u$  = ~~area~~ outer perimeter

$t_{ef,i}$  = effective thickness of a well of the ideal hollow effective section

$h_i$  = side length of a well

$u_k$  = perimeter that stands in the middle of the effective section (i.e. its distance from the outer edge and the inner edge is equal to  $\frac{1}{2} t_{ef,i}$ )

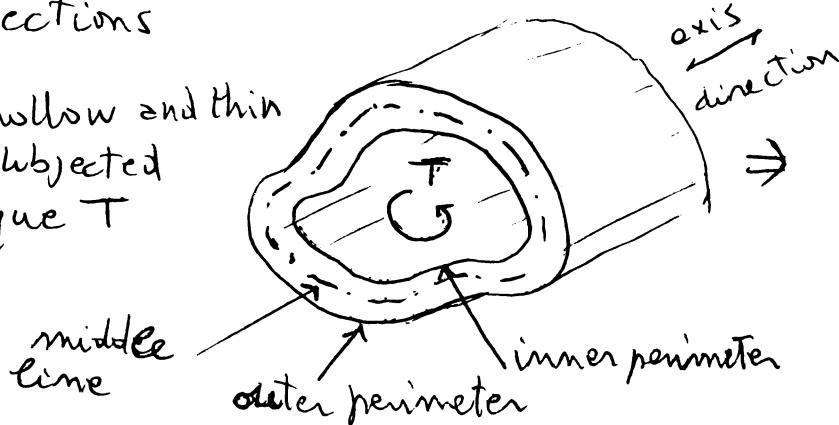
$A_k$  = whole area enclosed by the perimeter  $u_k$

$t_{ef} = \frac{A}{u}$  but it must be lower than 2 times the distance of the centreline of the longitudinal steel from the outer perimeter

Page 3 Once the problem has been stated, the next step is to analyze the form of tangential stresses  $\tau$  along the effective section.

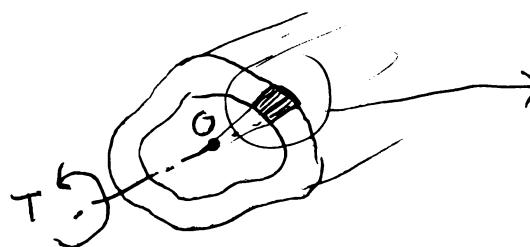
The analysis is the same developed by Bredt for thin-walled sections

Generic hollow and thin section subjected to a torque  $T$

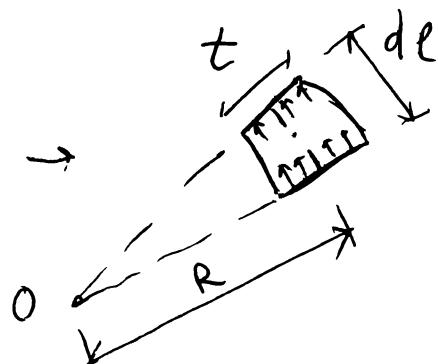


Locally, tangential stresses are tangent to the perimeter and can be considered constant through the thickness.

Tangential stresses  $\tau$  are more or less parallel tangent to the perimeter



if we magnify a certain portion of the cross section (indefinitely small)

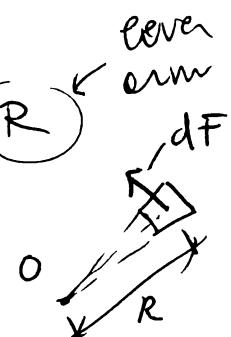


The infinitesimal force acting on this portion of area  $dA$  is  $dF$ , equal to the integral of the tangential stress in  $dA$

$$dF = \int \tau \cdot t \cdot dl$$

The contribution of  $dF$ , which can be considered applied at the barycentre of  $dA$ , to the torsional moment is  $dT = dF \cdot (R)$

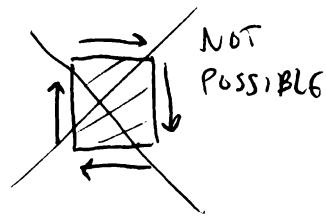
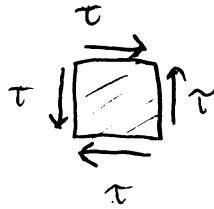
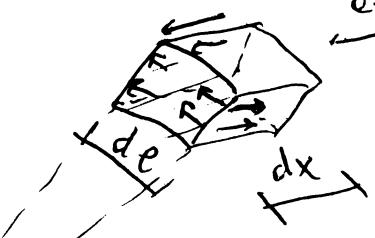
Now, if we consider that portion extending for a distance  $dx$  along the longitudinal axis of the beam, we can derive an important result, if we recall a property of tangential stresses: if you consider an infinitesimal element, due to the rotational equilibrium,



## LECTURE 8, page 4

tangential stresses acting on orthogonal surfaces ~~do~~ run towards or away the same edge :  $\tau \rightarrow \searrow \rightarrow N$

Therefore:



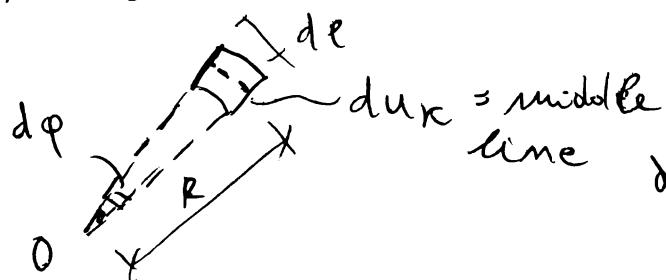
For the equilibrium along the axis direction, we have that

$$0 \xrightarrow[t_2]{t_1} x^2 \quad \tau_1 \cdot t_1 \cdot dx = \tau_2 \cdot t_2 \cdot dx \Rightarrow \tau_1 t_1 = \tau_2 t_2$$

first section                          second section

o  But, being the choice arbitrary, we derive that in every point  $\chi \cdot t = \text{constant}$

Let's call that constant  $q = \tau \cdot t$ , and go back to the definition of the infinitesimal contribution to the torsional moment  $dT = dF \cdot R$



Thus, we can rewrite

$$R \propto 2 dA_k / de$$

$$\leftarrow dA_k = \frac{1}{2} R \cdot dl$$

We can then ~~also~~ rewrite  $dT = dF \cdot R = \int T \cdot t \cdot dl \cdot \frac{2dA_k}{dl}$   
 moreover,  $T \cdot t = \text{const} = q \Rightarrow dT = 2q \int dA_k$

To get the whole torque  $T$ , we just need to integrate  $dT$  along the perimeter  $u_K \rightarrow T = \oint dT = 2\pi f(A_K)$

$$\text{Thus } q = \frac{T}{2A_k}$$

MAURE PANIZZI (Dicea, Unipd - Italy)

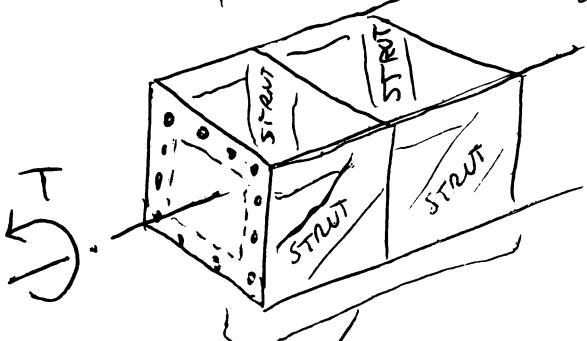
whole area enclosed by the perimeter UK

## LECTURE 8

page 5

We can get this result,  $q = \frac{T}{2A_k}$ , and use it for our effective ideal hollow section, obtaining that  $q = \tau_i \cdot t_{ef,i} = \frac{T_{ed}}{2A_k} \rightarrow$  design value of torque

The effect of torsion and shear may be superimposed assuming the same value of  $\theta$ , where  $\theta$  is the angle of the (compacted) concrete strut used in the verification against shear ( $1 \leq \cot \theta \leq 2.5 \Rightarrow 22^\circ \leq \theta \leq 45^\circ$ ) From now onward, we consider just a rectangular cross section.



Each well of the ideal hollow effective section can be studied separately

Let's consider this side first:

plane analogous truss

side length  $h_i$

This well can be modelled by a plane analogous truss

the integration of tangential stresses along this surface gives the portion of shear  $V_i$  that is withheld by this well

$$V_i = \int \tau dA$$

$(V_i)$  in this model, we can consider that the shear force is applied to the node (actually, it would be spread along the surface)

$$V_i = \int \tau \cdot t_i dh$$

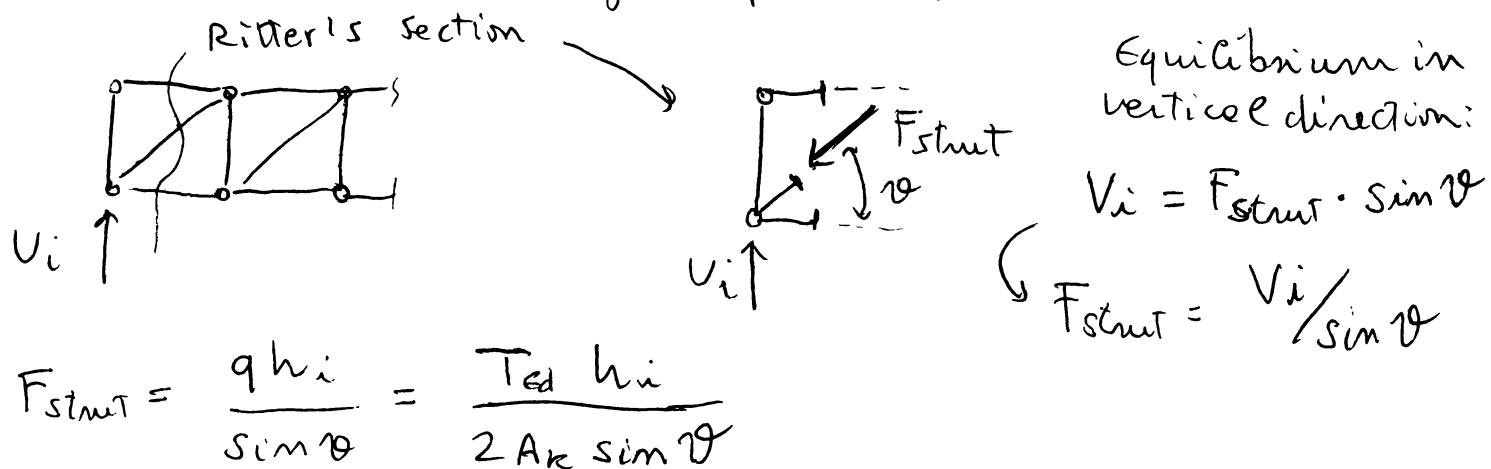
$h_i \rightarrow \text{constant!}$

$$\boxed{V_i = q h_i}$$

$$\boxed{q = T_{ed} / 2A_k}$$

## Lecture 8, page 6

Now, we can derive the force in the inclined concrete strut in relation to the acting torque  $T_{Ed}$



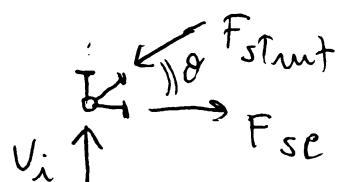
- On the basis of the force in the strut, we can calculate also the force in the longitudinal reinforcement

Equilibrium of the bottom node:  
(horizontal direction)

$$F_{se} = F_{strut} \cdot \cos \vartheta$$

$$\Rightarrow F_{se} = \frac{T_{Ed} \cdot h_i \cos \vartheta}{2 A_k \sin \vartheta}$$

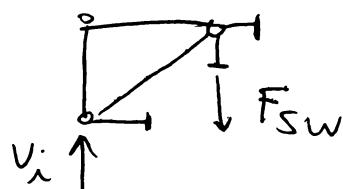
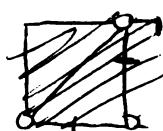
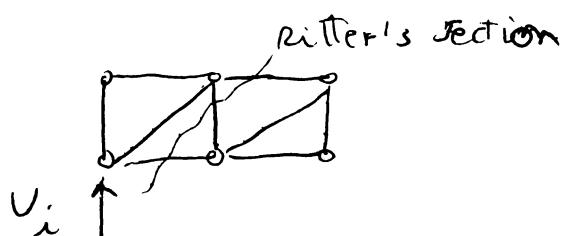
$$\begin{aligned} \sum F_{se} &= \sum \frac{T_{Ed} h_i}{2 A_k} \cot \vartheta = \\ &= \frac{T_{Ed} u_k}{2 A_k} \cot \vartheta \end{aligned}$$



To get the overall longitudinal steel required, we have just to integrate (to sum) the values of  $F_{se}$

$$\frac{T_{Ed}}{2 A_k} \cot \vartheta (\sum h_i) \leftarrow \text{this is } u_k$$

- Then, we need to calculate the vertical reinforcement

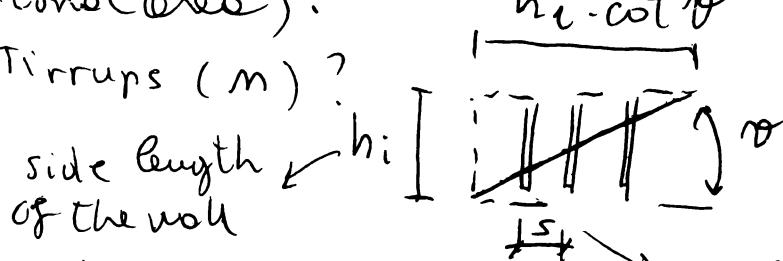


$$\text{Equilibrium in the vertical direction: } F_{sw} = V_i \cdot s \frac{T_{Ed} h_i}{2 A_k}$$

of course, the force  $F_{sw}$  for the vertical steel (stirrups) is ~~ref~~ referred to  $m$  stirrups : more precisely, we assume that the force is carried by the stirrups ~~crossed~~ crossed by an inclined crack (parallel to the concrete struts), and is uniformly distributed among the  $m$  stirrups.

Pay attention that we are referring to a wall of the effective hollow section, then the one of steel related to a stirrup refers to a single leg of the stirrup (not to both, as in the case of shear, where you count twice the cross sections).

How many stirrups ( $m$ )?



$$m = \frac{h_i \cdot \cot \varphi}{s} \quad s = \text{Spanning of stirrups}$$

$\rightarrow (F_{sw}) = \frac{1}{m} V_i = \frac{T_{ed} \cdot s}{2 A_k \cot \varphi}$

- What is the maximum tensile moment  $T_{rd,max}$  that the beam can withstand without the crushing of the concrete strut?

We have to assume a uniform pressure on the strut, and to equate that compression to a maximum value  $\sigma_{max}$ . This limit,  $\sigma_m$ , is derived by the design compressive strength of concrete,  $f_{cd}$ , but is decreased to account for other deleterious effects like a not-centred compression on the strut,

$$\sigma_{max} = V \cdot \alpha_{cw} \cdot f_{cd}$$

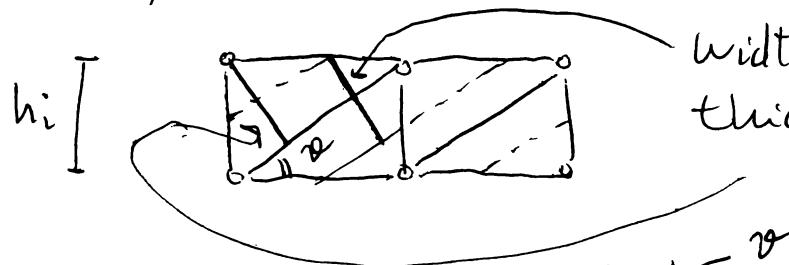
$$\gamma = 0.6 \left( 1 - \frac{f_{ck}}{250} \right)$$

$\alpha_{cw} = 1$   
design  
compressive  
strength

for non prestressed  
concrete

characteristic  
compressive strength  
of concrete, in N/mm<sup>2</sup>

To get  $F_{shut,max}$  we need to calculate the area of the strut



width of the strut (the thickness is  $t_{ef}$ )



$$h_i \cdot \cos \theta$$

Area of the strut:  $[h_i \cdot \cos \theta \cdot t_{ef}]$



max force in the strut :  $F_{shut,max} = \sigma_{max} \cdot \text{Area of the strut}$

↳  $F_{shut,max} = \gamma \alpha_{cw} f_{cd} \cdot h_i t_{ef} \cdot \cos \theta$

Recalling that  $F_{shut} = \frac{V_i}{\sin \theta} = \frac{T_{ed} h_i}{2 A_k \sin \theta}$

↳  $\frac{T_{ed,max} \cdot h_i}{2 A_k \cdot \sin \theta} = \gamma \alpha_{cw} f_{cd} \cdot h_i \cdot t_{ef} \cdot \cos \theta$

↳  $T_{ed,max} = 2 \gamma \alpha_{cw} f_{cd} A_k t_{ef} \cdot \sin \theta \cos \theta$

- To evaluate the required amount of longitudinal steel, we can recall the relation to  $T_{ed}$  (design torsional moment) and consider that the steel yields at the ultimate state.

$$\sum F_{se} = \sum A_{se} \cdot f_{yd} = \frac{T_{ed} u_k}{2 A_k} \cot \theta \rightarrow \sum A_{se} = \frac{T_{ed} u_k}{2 A_k f_{yd}}$$

- Similarly, to evaluate the quantity of vertical stirrups distributed along the axial direction, we can recall the relation between the force and the torsional moment, and assuming that the steel yields at the ultimate limit state.

per unit  
length in the  
longitudinal  
direction

$$\frac{F_{sw}}{s} = \frac{T_{ed}}{2A_k \cot \theta}$$

$$\frac{A_{sw} \cdot f_y d}{s} = \frac{T_{ed}}{2A_k \cot \theta} \rightarrow$$

$$\frac{A_{sw}}{s} = \frac{T_{ed}}{2A_k f_y d \cdot \cot \theta}$$

pay attention that this area refers to a single leg of the stirrup.

- The additional steel (longitudinal and vertical) required by torsion, and calculated as shown, on the basis of the design value of torsional moment  $T_{ed}$ , is to be added to the reinforcement required by bending and shear design.

This addition can be realized by either increasing the diameter of longitudinal bars or by adding further bars that should be spaced along the inner periphery of the links. In the case of smaller section, the bars could be concentrated at the corners.

Concerning the torsional links (stirrups), also in this case they should be added (i.e. the spacing required by shear design, reduced). It is fundamental that those stirrups be closed, even welded in certain cases, and, however, not more spaced than  $4k/8$  apart.

#### INTERACTION WITH SHEAR

The contemporary action of torsion and shear has to be evaluated by means of a simple interaction formula

$$\frac{T_{ed}}{T_{Rd,max}} + \frac{V_{ed}}{V_{Rd,max}} \leq 1.0$$

$T_{ed}$  and  $V_{ed}$  are the design values of torsional moment and shear force, while  $T_{Rd,max}$  is calculated as already seen (on the basis of the strength of the inclined concrete slant) and  $V_{Rd,max}$  is calculated as follows:

$$V_{Rd,max} = \begin{cases} \alpha_{cw} \cdot b_w \cdot z \cdot V_1 \cdot f_{cd} / (\cot \theta + \tan \theta) & \text{for vertical} \\ \text{(stirrups)} & \text{shear} \\ \alpha_{cw} b_w \cdot V_1 \cdot f_{cd} (\cot \theta + \cot \alpha) / (1 + \cot^2 \alpha) & \text{for inclined} \\ \text{(bent-up bars)} & \text{shear reinforce} \end{cases}$$

$\alpha_{cw} = 1$  for ordinary r.c. (not pre-stressed)

$b_w$  = width of the beam at the tension side  
(rectangular section  $\rightarrow b_w = b$ , it could be different in the case of T-shaped beams with sagging moments, for example)

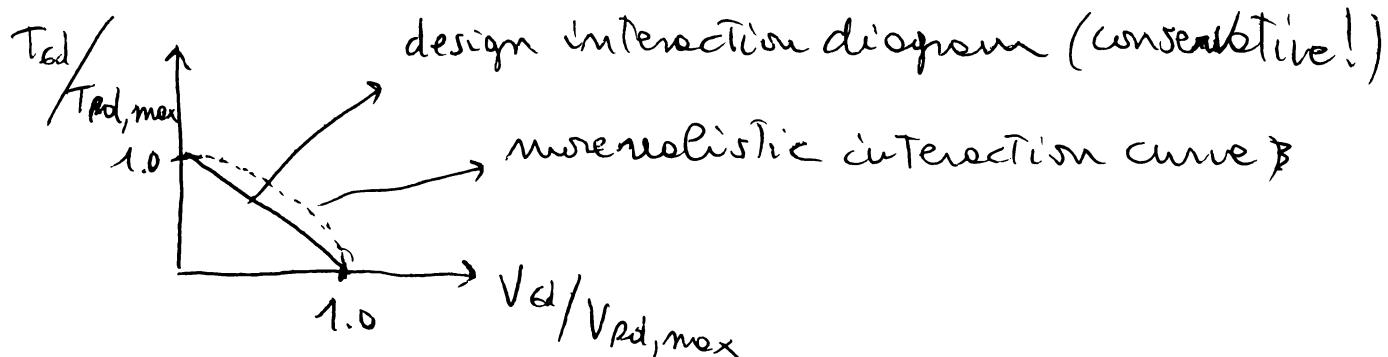
$$V_1 = \gamma \text{ (recommended)} \rightarrow V_1 = 0.6 \left( 1 - \frac{f_{ck}}{250} \right) = \gamma$$

$z$  = lever arm of internal forces  $\approx 0.9(d)$   $\rightarrow$  effective depth

$\theta$  = inclination of the concrete slant

$\alpha$  = inclination of the steel reinforcement ( $\alpha = 90^\circ \rightarrow$  stirrups)

$$T_{Rd,max} = 2V \alpha_{cw} f_{cd} A_{sr} \cdot t_{ef} \cdot \sin \theta \cos \theta$$



- In the case of rectangular (approximately) cross section, not heavily stressed by high values of torque and shear, you can avoid an evaluation of the additional reinforcement (just the minimum required is enough) provided that:

$$\frac{T_{Ed}}{T_{Rd,c}} + \frac{V_{Ed}}{V_{Rd,c}} \leq 1.0$$

$T_{Rd,c}$  is the torsional moment that produces cracking, ~~and~~ it's calculated assuming

$$\tau = f_{ctd}$$

$$T = \oint d\tau = 2q A_k = 2(\tau) \cdot t_{ef} A_k \Rightarrow T_{Rd,c} = 2 f_{ctd} \cdot t_{ef} A_k$$

$$V_{Rd,c} = [C_{Rd,c} \cdot K (100 \rho_e f_{ck})^{1/3} + K_1 \sigma_{cp}] b_w \cdot d$$

with a minimum value  $V_{Rd,c,min} = (V_{min} + K_1 \sigma_{cp}) b_w d$

$$C_{Rd,c} = \frac{0.18}{\delta_c}$$

$$V_{min} = 0.035 K^{3/2} \cdot f_{ck}^{1/2}$$

$$K_1 = 0.15$$

$$K = 1 + \sqrt{\frac{200}{d}} \leq 2.0 \quad (d \text{ in mm})$$

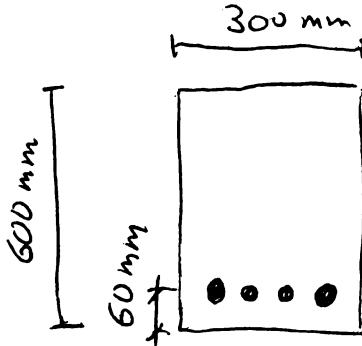
$$\rho_e = \frac{A_{se}}{b_w d} \leq 0.02$$

$A_{se}$  = area of tensile reinforcement, which extends more than  $(l_{bd} + d)$  beyond the section considered

$$\sigma_{cp} = \frac{N_{Ed}}{A_c} \leq 0.2 f_{ck} \text{ (MPa)}$$

$N_{Ed}$  → axial force due to loading or prestressing  
 $A_c$  → area of concrete

## EXAMPLE DESIGN AGAINST TORSION



Beam already designed in bending and shear

Longitudinal steel for bending:  $2\phi 32 + 2\phi 25$

Torsion:  $T_{Ed} = 24 \text{ kN}\cdot\text{m}$

Shear:  $V_{Ed} = 280 \text{ kN}$

(Stirrups)  $\rightarrow$  Vertical steel required by shear:  $475 \text{ mm}^2/\text{m}$

Strut inclination  $\theta = 22^\circ$

Concrete C30/37, steel  $f_{yR} = 500 \text{ MPa}$

$$\text{Step 1 Design properties } f_{ctd} = \frac{f_{ck}}{\gamma_c} \cdot \alpha = \frac{485 \cdot 30}{1.5} = 17 \text{ MPa}$$

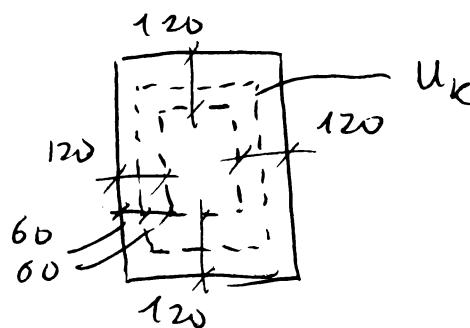
$$f_{ctd} = \frac{1}{1.5} \cdot 0.3 f_{ck}^{2/3} = \frac{2.90}{1.5} = 1.93 \text{ MPa} \quad f_{yd} = \frac{f_{yR}}{1.15} = 435 \text{ MPa}$$

Step 2 Find the equivalent/effective hollow section

$$t_{ef} = \frac{A}{de} = \frac{300 \times 600}{2 \times (600 + 300)} = 100 \text{ mm}$$

minimum  $t_{ef} = 2$  times the distance from the centreline of the longitudinal reinforcement from the extreme side  $\rightarrow t_{ef,min} = 2 \times 60 \text{ mm}$

$$t_{ef} = 120 \text{ mm}$$



$$\begin{aligned} e_k &= 2 \times (300 - 120 + 600 - 120) \\ &\quad + 2 \times (180 + 60) \\ &= 1320 \text{ mm} \end{aligned}$$

$$A_k = 180 \times 60 = 86400$$

Step 3 Check if the section can withstand this combination of torque and shear

$$\begin{aligned} T_{Rd,max} &= 2 \gamma \alpha_{cw} f_{ctd} A_k t_{ef} \sin \theta \cos \theta \quad \theta = 22^\circ \\ &\downarrow \quad \downarrow 1 \\ &= 0.6 \left( 1 - \frac{f_{ck}}{250} \right) = 0.6 \left( 1 - \frac{30}{250} \right) = 0.528 \\ &= 2 \cdot 0.528 \cdot 1 \cdot 17 \cdot 8.64 \cdot 10^5 \cdot 120 \cdot 0.375 \cdot 0.927 \\ &\downarrow \\ &= 64.7 \cdot 10^6 \text{ N} \cdot \text{mm} = 64.7 \text{ kN} \cdot \text{m} \end{aligned}$$

$$\begin{aligned} V_{Rd,max} &= \alpha_{cw} b_w \gamma_1 f_{ctd} / (\cot \theta + \tan \theta) \\ &\downarrow \quad \downarrow 1 \quad \downarrow b \quad \downarrow 0.9d \quad \downarrow \gamma \\ &= 1 \cdot 300 \cdot 0.9 \cdot 540 \cdot 0.528 \cdot 17 / (2.475 + 0.404) \\ &\downarrow \\ &= 454.5 \cdot 10^3 \text{ N} = 454.6 \text{ kN} \end{aligned}$$

$$\frac{T_{ed}}{T_{Rd,max}} + \frac{V_{ed}}{V_{Rd,max}} \leq 1 \rightarrow \frac{24}{64.7} + \frac{280}{454.6} \leq 0.987 \leq 1$$

Being so high the design forces, probably the other interaction formulae ( $\frac{T_{ed}}{T_{Rd,c}} + \frac{V_{ed}}{V_{Rd,c}} \leq 1$ ) would not be satisfied

Let's check it:

$$\begin{aligned} T_{Rd,c} &= [ \gamma = f_{ctd} ] = 2 f_{ctd} \cdot t_{ef} \cdot A_k \\ &\downarrow \\ &= 2 \cdot 1.93 \cdot 120 \cdot 86400 = 40.0 \text{ kN} \cdot \text{m} \end{aligned}$$

$$V_{Rd,c} = [ C_{Rd,c} \cdot k (100 e_e \cdot f_{ck})^{1/3} + K_1 f_{cp} ] b_w d$$

$$C_{Rd,c} = \frac{0.18}{1.5} = 0.12 \quad k = 1 + \sqrt{\frac{200}{d}} = 1.61 \leq 2.0$$

$$e_e = \frac{A_{se}}{S_{wd}} = 0.016 \leq 0.02$$

$$\rightarrow V_{Rd,c} = (0.12 \cdot 1.61 (100 \cdot 0.016 \cdot 30)^{1/3}) 300 \cdot 540 = 113.7 \text{ kN}$$

LECTURE 8, Page 14  $\frac{24}{40} + \frac{280}{173.7} > 1 !$

Step 4 Let's calculate the amount of vertical reinforcement required by torsion

$$\frac{A_{sw}}{s} = \frac{T_{ed} \rightarrow 24 \cdot 10^6 \text{ Nmm}}{2 A_k f_{yd} \cot \vartheta} = 0.129 \text{ mm}^2/\text{mm} = 129 \text{ mm}^2/\text{m}$$

$\frac{f_{yd}}{86.4 \cdot 10^3} \quad \frac{\cot \vartheta}{535} \rightarrow 2.475$

area referred to one leg of the stirrups.

Overall amount of vertical reinforcement:  $(A_{sw})_{\text{shear}} + (A_{sw})_{\text{torsion}}$

$(A_{sw})_{\text{torsion}} \rightarrow$  for both legs referred to two legs!

$$2 \cdot 129 \text{ mm}^2 / 2 + 475 \text{ mm}^2 / \text{m} = 733 \text{ mm}^2 / \text{m}$$

Using stirrups  $\phi 8 \rightarrow$  Area  $\approx \underbrace{50.26}_{1 \text{ leg}} \rightarrow 100.52$  (2 legs)

Required area = Number of stirrups  $\frac{733}{100.5} = 7.29$  stirrups/metre

area of 1 stirrup  $\rightarrow$  required stirrups

$\rightarrow [8 \text{ stirrups } \phi 8 / \text{m}]$  (spacing  $\frac{1 \text{ m}}{8} = 12.5 \text{ cm}$ )

minimum spacing  $s_{\min} < \frac{U_k}{f} = \frac{1320}{8} = 16.5 \text{ cm} > 12.5$  !

Step 5 Calculation of the additional longitudinal reinforcement

$$\sum A_{se} = \frac{T_{ed} \cdot U_k \cot \vartheta}{2 A_k \cdot f_{yd}} = \frac{24 \cdot 10^6 \cdot 1320 \cdot 2.475}{2 \cdot 86400 \cdot 435} = 1043 \text{ mm}^2$$

OK

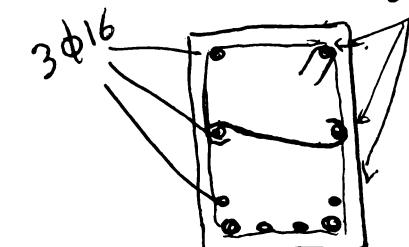
$$1 \phi 16 \rightarrow 201 \text{ mm}^2 \rightarrow 1043 / 201 = 5.18 \rightarrow 6 \phi 16$$

$$1 \phi 20 \rightarrow 314 \text{ mm}^2 \rightarrow 1043 / 314 = 3.3 \rightarrow 4 \phi 20$$

$$1 \phi 25 \rightarrow 591 \text{ mm}^2 \rightarrow 1043 / 591 = 2.12 \rightarrow 3 \phi 25$$

Suitable choice:  $6 \phi 16$  longitudinal

bars, which can be placed at the corners and in the middle of the longer edge



Stirrups must be closed!

